

Don't mention the 'E' word

It's the most wonderful time of the year, and whether you're gearing up to go through it for the first or the last time, we all know that the most important thing in any study plan is an effective procrastination tool. You could Facebook or play Angry Birds until your fingers seize, or you could just read eMUWS and dream of post-exam awesomeness!

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From the Desk of the President...

Dear Meddies

As you may know, Med Soc is conducting a survey of members (uwsms.org). Thank you to 130+ of you who have already filled it out. If you haven't already, you can find the link on uwsms.org. We're keen to find out what you want more (or less) of – and we'll also release a document answering any of the frequently raised questions.

Stay tuned as well - because it is rumoured that certain articles of clothing are in the pipeline!

Don't forget about the Travel Grants Scheme – the next due date is 15th June for anyone attending GHC (\$1000 is split amongst the applicants), then 14 August (TBC) for AMSA NLDS.

For the Travel Scholarship, the next due date is June 30. **It is critical that if you are planning to attend a conference between July 1 and December 31 that you apply for a Travel Scholarship by June 30.** Because many people need the money to help them attend conferences, it is not possible to apply later than this date (if you do – the money may already have been allocated!). If you think you're going to a conference in November, but you don't have acceptance yet, you still **MUST** apply by June 30. Full details can be found at uwsms.org under the 'Travel Grants' heading on the left.

And a congratulations to the Bathurst crew who have all become famous. <http://tinyurl.com/3c66ncg> if you missed it.

As always, if you are keen to be involved in any part of Med Soc, including events, organisation, developing ongoing benefits, or any of the portfolios – contact the relevant exec member who will be thrilled to hear from you. You can find the exec members on the website, or if you're lost, feel free to email me.

Marcus Handmer

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UWSMS Member Survey

We know you're all awesome. That's why we want your help to make Medsoc awesome with our member survey!

Hit us up at; <http://kwiksveys.com/?u=uwsms>

You're just 5 minutes away from having your say in..

- * Clinical Teaching at UWS
- * Prof. Gladman's upcoming OSCE tutorial video project
- * Graduations
- * Medsoc Events

Next NSW Medical Students Council Meeting!

The next NSW MSC meeting will be held on Sunday 19th June, 2011 at 12-3pm in the AMA House conference room. The AMA House is located at 69 Christie St, St Leonards. Please email the NSW MSC Secretary; Cheryl Au (chau0329@uni.sydney.edu.au) any agenda items by Wednesday 15th June, 2011.

UWSMS Travel Grants

UWSMS is looking for applications for the next semesters allocation of travel grants.

If you are attending, or planning to attend, a conference between **July 1 and December 31st** make sure you check out the application process at www.uwsms.org (Look under 'Travel Grants' on the left hand side menu) to see how to apply, and do so **before June 30!**

If you are attending Global Health Conference, you can also apply for a share of grant money allocated to all GHC attendees, but do so **before June 15.**

For more information, check out the Travel Grants page on www.uwsms.org

Keeping Your Grass Greener: AMSA and Medical Student Wellbeing

What is wellbeing?

The wellbeing of medical students and doctors alike is becoming an increasingly recognised issue. Wellbeing is about managing your mental, physical, emotional and financial health to ensure you have a balanced lifestyle, enjoy what you do, and set yourself up for a long and rewarding career. Check out the link below for more info!

<http://amsa.org.au/wellbeing>

And now, a word from our sponsors

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